

CORE EMOTIONAL ISSUES

(Check resonating emotions)

The art of dental decision making is identifying and supporting the emotions involved. At this point in the process, we have identified enough to get at the heart of the issue. However, more is needed. This next step is very important. Please look in your heart and identify and rate what you feel.

Abandonment
 Abuse
 Addiction
 Aloneness
 Anger
 Betrayal
 Being Left Behind
 Conflict
 Control
 Criticism
 Despair
 Dependence
 Disharmony
 Emotions
 Enough
 Facing the World
 Failure
 Fear
 Frustration
 F---- You
 Guilt
 Identity
 Inferiority
 Injustice
 Letting Go
 Loneliness

Losing
 Love
 Misunderstood
 Not Good
 Not Good Enough
 Overwhelmed
 Past (Fear of Repeating)
 Rejection
 Repression
 Resentment
 Restriction
 Sadness
 Shame
 Speaking Out
 Stubborn
 Trapped
 Unknown
 Victim
 Wisdom
 Worry
 Wrong

OTHER: _____

COMMENTS: _____